

## NATIONAL MINING SAFETY WEEK PROGRAM MAJOR PROJECTS

Theme: Fit for Work Date: 24 -29 April, 2022

Sunday - 24	Monday - 25	Tuesday – 26	Wednesday – 27	Thursday – 28	Friday - 29
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Opening Program  1. Supervisors/Leaders interaction with the other work group  2. Outline of the programs	Pre-start Meeting Topic 1: Fit for Work  Activities  1. MD's videos  2. 2. Feed bid to track fatigue for 2 drivers.  3. Puzzles relating to:- Fit for work  4. Awareness Presentation 5. Fit for Walk of Life 6. Tug of War 7. short video presentation awareness during the event .  8. Supervisor/Leadership Interaction 9. Fitness Combo Training	Pre-start Meetings Topic 2: Fatigue and Drug and Alcohol  Activities  1. Feed bid to track fatigue for 2 drivers. 2. Puzzles relating to:- Fit for work 3. Awareness Presentation 4. Fit for Walk of Life 5. Tug of War 6. short video presentation awareness during the event . 7. Supervisor/Leadership Interaction 8. Fitness Combo Training	Pre-start Meetings Topic 3: Safety Psychology (Advanced Safety Awareness and Behaviour)  Activities  1. Feed bid to track fatigue for 2 drivers. 2. Puzzles relating to:- Fit for work 3. Awareness Presentation 4. Fit for Walk of Life 5. Tug of War 6. short video presentation awareness during the event . 7. Supervisor/Leadership Interaction 8. Fitness Combo Training	Pre-start Meetings Topic 4: Mental Health  Activities  1. Feed bid to track fatigue for 2 drivers. 2. Puzzles relating to:- Fit for work 3. Awareness Presentation 4. Fit for Walk of Life 5. Tug of War 6. Short video presentation awareness during the event . 7. Supervisor/Leadership Interaction 8. Fitness Combo Training	Pre-start Meetings Topic 5: Health and Hygiene  Activities  1. Puzzles relating to:- Fit for work 2. Awareness Presentation 3. Fit for Walk of Life 4. Tug of War 5. short video presentation awareness during the event . 6. Supervisor/Leadership Interaction 7. Fitness Combo Training 8. Feed bid to track for 2 drivers

## **Facilitators**

- 1. Andy Nandun Supervisor/ Leadership interaction
- 2. Hoist Harry Fit for work for life
- 3. Unipi Naso Tug of war
- 4. George Yapao/Ivan Wallen Short video presentation awareness about fit for work

- 5. Stella Aisoli/Isaac Feed bid tracker for 2 drivers
- 6. Stella Aisoli/Isaac Awareness presentation
- 7. Callen Hensel Fitness combo training
- 8. Bruno Kongsep/ Olivia Awun Puzzles relating to:- Fit for work